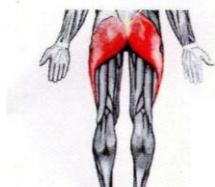

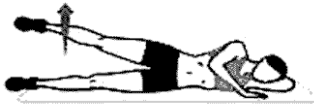

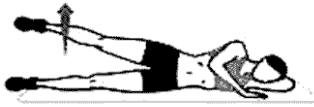

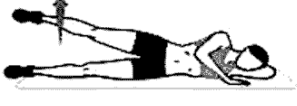


## FESSIERS



ATELIERS

# 19

Niveau 1	Niveau 2	Niveau 3
 	 	 
<p><b>Jambe à hauteur de hanche</b></p>	<p><b>Jambe à hauteur maximale</b></p>	<p><b>Jambe à hauteur Maximale + Poids lestés</b></p>

## ETIREMENTS

